



Helen Murray

September 17, 1966 - September 4, 2021

Helen's smile was so infectious and disarming it could change the weather. From working in the travel industry at London Heathrow airport with passengers ranging from happy to drunk and disorderly, to inspiring newly diagnosed cancer patients to fight hard and walking her German Shepard Cali at Mianus Park in Stamford, CT, Helen exuded a positive aura around everyone she touched.

Helen enjoyed travelling everywhere, but Cape Town, Mallorca, Paris and Vancouver were four of her favorites. Helen's love of R&B particularly 70s and 80s was marinated through her every fiber.

Most importantly, her love of family was something special. Her relationship with her sister Alison, mom Barbara and dad John was some of the most authentic and beautiful a family could wish for.

Helen's spirit was a blessing we will all take on as a lifelong celebration of her time here with us.

To life, to life, L'chaim

Family will gather on Wednesday, September 8, 2021 from 10am to 10:30am followed by prayer service at the Bosak Funeral Home, 453 Shippan Avenue,

Stamford, CT. Prayer services will start at 10:30am and will be live streamed so family and friends who cannot attend in person can participate virtually. To attend, please select "webcast video" on Helen's obituary at www.bosakfuneralhome.com. Her interment will be private.

For the safety of all those attending her funeral services, please wear face coverings and maintain social distancing.

To leave a condolence message online for Helen's family, please visit the family guestbook to share memories with her family at www.bosakfuneralhome.com or www.facebook.com/bosakfuneralhome.

Cemetery Details

Private

Previous Events

Family Gathering

SEP 8. 10:00 AM - 10:30 AM (ET)

Bosak Funeral Home
453 Shippan Avenue
Stamford, CT 06902
(203) 325-9300
<https://www.bosakfuneralhome.com/>

Prayer Service (Live Streamed)

SEP 8. 10:30 AM - 12:00 PM (ET)

Bosak Funeral Home
453 Shippan Avenue
Stamford, CT 06902
(203) 325-9300
<https://www.bosakfuneralhome.com/>

Tribute Wall



“ *Bosak Funeral Home created a Webcast in memory of Helen Murray*



Bosak Funeral Home - September 07, 2021 at 06:10 PM

MS

My deepest sympathy to Derek and family and to Helen's family. May you always remember Helen like this ❤️

Melanie Stavropoulos - September 08, 2021 at 02:00 AM

LS

Condolences to Derek, Callie and Family. Loved our evenings spent together in CT, dinners always delicious with lots of laughter and wine! You will be missed Helen xxx

Lindi Smith - September 08, 2021 at 05:41 AM

CW

I will forever treasure the memory of your beautiful spirit and impish mischievous smile. You leave us filled with admiration for the way you always threw yourself wholeheartedly into each new adventure, all eventually leading to the great joy you found with Derek. You will be deeply missed by all. Big love, Auntie Cal XXX

Carole Wright - September 08, 2021 at 07:21 AM

SE

Dear Derek,

Wishing you love and wonderful memories of this amazing woman with her beautiful spirit and her vibrant R and B soul. She was truly delightful!

*With Love,
Brian and Susan*

Susan Elkin - September 08, 2021 at 09:42 AM

KD

Thank you for being the loveliest Manager we could have ever asked for, always listening to mine and Sarah's moaning! such a lovely lady. You were the best!!

Lots of love Kate

Kate Draper - September 08, 2021 at 10:06 AM

AN

Dearest Helen,

I didn't have the good fortune to know you as well as my dear sister Erika did, but nonetheless I have some very fond memories of happy times with you and Derek in Whistler, here in the New Forest, and when you and I got together to watch Kinky Boots in New York when I was working over there. I appreciated your infectious enthusiasm, admired your bravery, and thought you an inspiration. I know you will be very much missed by everyone whose life you touched.

My huge sympathies to Derek, Alison and parents.

*Sending much love,
Andrea, Ginnie and the kids.
xxx*

Andrea - September 08, 2021 at 10:17 AM

SR

Dearest Derek, Alison and Barbara - what can we say at this sad and heart-breaking time except how very sorry we are for your loss. Our condolences to you all! Lots of love and strength from Catherine and Stuart.

Stuart Russell - September 08, 2021 at 10:31 AM

RS

Having a role model as a child in foster care as Helen was truly a blessing. I bunked off school and spent a lot of time with Helen and her sister cruising in the roofless car, blasting R&B and attending the gym with them both will always be treasured memories. I always remembered Helen with her contagious energy that was so beautiful to be around.

Rescued me in a situation I found myself in and showed me around New York and welcomed me into her beautiful home. May she be at peace now, Helen will always hold a special place in our hearts. I send my love and energy to her friends and family during this difficult time.

Rachel Silveira - September 08, 2021 at 11:05 AM

EC

*What fun we had working together.
With deepest sympathy at this difficult time. Sending condolences on the lost of Helen. She will be missed. From Earl Clarke.*

Earl Clarke - September 08, 2021 at 11:11 AM

 Kelly Smart

Absolutely the best colleague and friend anyone could ask for. She really was a the loveliest lady. Sending lots of love to your family xx

Kelly Smart - September 08, 2021 at 04:35 PM

ES

My deepest condolences to Derek Alison and Barbara she will be missed dearly

elia de souza - September 08, 2021 at 07:59 PM

KK

*Forever in our hearts Helen
Sending Love - Kevin, Kim, Jaime, Tom and all our family*

Kim Keenan - September 09, 2021 at 04:40 PM

AS

“ I found this photograph in an album when I was visiting Stamford years ago. Look at that smile! It's that smile we will all remember so dearly. And her laugh – one could hear it from miles away. Helen will always have a special place in my heart, she was so kind and caring, always positive and full of good energy. We shared countless memories all over the world from London to Vancouver, California, Mexico, Stamford, and especially Cape Town. Helen's passion for R&B music was infectious – she even got me into it, at a time when I was definitely more into punk and heavy metal! I'm honoured I could see Earth, Wind & Fire in concert with her many years ago, what an experience! I think each and every one of us will think of Helen when we hear the song "September" – and hopefully have a little dance :)

Thanks to everyone who has shared their heart-warming thoughts, memories and condolences here. It's so wonderful to see and read. Sending everyone lots of love from Switzerland.

XOXOXO



Aaron Schwartz - September 20, 2021 at 05:44 AM

EB

“ Derek, Allison and Barbara - I am so very sorry for your loss. I met Helen through MSABC and feel so fortunate that our paths crossed. I will remember her oversized smile, wonder witt and overall upbeat personality. May her memory be a blessing!

Erica Bonime - September 09, 2021 at 02:17 PM

AG

“ *Love you Helen - now and forever*



Anne Gannon - September 08, 2021 at 04:01 PM

LY

“ *To Dear Helen*

My manager at BMI and my wonderful friend someone very dear who helped and supported me a great deal you will be very much missed.

My mum I and I have very fond memories of the wonderful day we spent with you in Connecticut one snowy December.

I will miss you

Louise Yates xxx

louise yates - September 08, 2021 at 01:51 PM

GS

“ *So much love.* ❤️❤️



Gill Speechly - September 08, 2021 at 12:35 PM

SS

“ *Such a wonderful and positive woman! I loved Helena and for so long while living in New York with my roommate Jess, we adopted Uncle Derek and Helen as our parents haha. We would visit in New York for the day and hang out, go to lunch, walk the sites, and have wonderful days! Always up for a laugh, a good story, and a good bite to eat, Helen grabbed life by the horns. Missing her dearly, and she is so so loved!*



Samantha Schwartz - September 08, 2021 at 10:14 AM

AB

“ *i cannot find the words in my vocabulary to express my sympathy and condolences to both families of Helen and Derek. Helen was special and that smile of hers will forever be treasured. Lots of love
xxx*

Ainsley

Ainsley Bennett - September 08, 2021 at 09:56 AM

MM

“ Thinking of you all at this very sad time. Helen was such a dear friend and I remember with much love and fondness all the happy memories, times and events we had the pleasure to share with Helen & Derek, Barbara & Al, families and friends - usually accompanied by Helen's most fabulous G&Ts! Going to miss you greatly H xx

Photos remembering my first and our last US visit with Garry Mc x



Melissa Maher - September 08, 2021 at 09:37 AM

CW

“ 1 file added to the tribute wall



Carole Wright - September 08, 2021 at 09:32 AM

LD

“ Helen, I am so privileged to met both you and Derek....not forgetting 'The Child' - the fun, the laughter, the chaos of our shopping trips always with a coffee in hand and your radiant smile.

Selfishly you will be missed like mad - but you have fought long and hard and now it's time to rest.

To say you have been an inspiration in my life is an understatement. Sleep well, my darling.

Laura Dunford-Wilson - September 08, 2021 at 07:35 AM

GS

“ Beautiful Helen... Will always remember the fun and laughter in Cape Town over the years...you and Derek were made for each other... A brave warrior who fought so hard... never forgotten.... Rest well now. 💔

Gill Speechly - September 08, 2021 at 07:28 AM

LD

“ 1 file added to the tribute wall



Laura Dunford-Wilson - September 08, 2021 at 07:23 AM

DP

“ Helen, I will really miss your dry and witty sense of humour. I will never forget our visits coming to stay in, (or taking over) your beautiful house! (Poor Derek didn't know what had hit him)!! The fun shopping trips and taking over your kitchen whilst cooking for Thanksgiving (and dancing to the sounds of the 70's of course)!! You fought this dreadful disease with such courage and bravery - sleep well Helen. xx

Diane Perkins - September 08, 2021 at 03:48 AM



“ 1 file added to the tribute wall



Angie McDowell - September 08, 2021 at 03:25 AM

AM

“Helen, I'm really going to miss you my lovely friend. Our shopping trips always provided BA with excess baggage revenue on the flight home. I will always hear Derek's voice saying OMG! I will miss your kindness, your honesty & compassion - you were there when I needed your words of wisdom & a shoulder to cry on. Sleep well valiant Angel, until we meet again.



Angie McDowell - September 08, 2021 at 03:15 AM

DP

Helen - will so miss your witty and dry sense of humour, will never forget the fun we had when we stayed (or took over) your house - poor Derek! Thanksgiving and shopping trips were just two memories never to be forgotten!
You fought this dreadful disease with strength and bravery - Sleep well Helen xxx

Diane Perkins - September 08, 2021 at 03:37 AM

LP

I had the privilege of meeting you and Derek and saw how positive and vibrant you were. Our day and night of shop till we dropped and your love of McCafe coffee. You put up a brave fight and now you can be at peace. Meeting you once but remembering you always.

Lesley Pink - September 08, 2021 at 07:06 AM