



Lyndon Helmbolt

March 25, 1951 - March 28, 2024

Lyndon Helmbolt, 73, passed away on March 28, 2024, at Stamford Hospital in Stamford, CT. He passed peacefully after a battle with cancer.

Lyndon “Sonny” Helmbolt was born March, 25, 1951 in Clear Lake, SD to Clyde and Agnes (Jensen) Helmbolt. He was raised in Gary, SD and graduated from Gary High School in 1969. He briefly attended South Dakota State University before starting work in Volga, SD, in residential construction and as a salesman for Ahlfeldt Chevrolet. While residing in Volga, Lyndon and former spouse, Noreen (Dailey) McAdaragh, had three sons, Troy, Cory, and Shawn, who they adored.

Lyndon moved to Stamford, CT, in 1985 and continued his career in residential construction. He was employed by Carlson Construction, where he became a partner, and eventually started his own residential construction company Jeflyn Construction in 1999. He worked daily for Jeflyn construction until the time of his death. In his professional life, Lyndon was respected for his hard work, integrity, and dedication. He inspired others with his kindness and commitment to excellence.

Lyndon enjoyed sailing on the Long Island Sound, specifically on sailboats Soupbone III and IV based out of Halloween Yacht Club in Stamford, CT, with a special crew who meant a lot to him. He was also an avid sports fan,

especially fanatic about the UCONN Huskies, SDSU Jackrabbits, and New York Yankees, but would spend hours and hours watching any sporting game or event.

Lyndon is survived by his sons, Troy Helmbolt of Norwalk, CT, and Shawn (Crystal) Helmbolt of Brookings, SD; five grandchildren, Taylor (Tanner) Jones of Sioux Falls, SD, Tanner Helmbolt of Rincon, GA, and Preston, Tate and Lincoln Helmbolt all of Brookings, SD; three great grandchildren, Parker, Owen and Cole; one brother, Roger (Cindy) Helmbolt of Watertown, SD; one sister, Marilyn Kray of Clara City, MN, four nieces and one nephew.

He was preceded in death by his parents, Clyde and Agnes Helmbolt; an infant son, Cory Helmbolt; brother, Marvin, and infant sister, Linda Jo; and brother-in-law Peter Kray.

Though he is gone, his spirit will live on in the hearts of those who were blessed to know him.

A celebration of Lyndon's life will be held on Tuesday, April 2nd, from 10am to 12pm, at Bosak Funeral Home in Stamford, CT.

A second celebration will be held in Gary, SD on Thursday, May 30th, from 2pm – 4pm, at the Gary United Methodist Church located at 308 Main Avenue, Gary, SD. Please join us casually for light refreshments and to share memories of Lyndon. Inurnment will be in Grandview Cemetery in Gary, SD.

Donations in his honor may be made to the American Cancer Society.

To express condolences for the family online, please visit the family guestbook at www.bosakfuneralhome.com or www.facebook.com/bosakfuneralhome

Previous Events

Celebration of Life

APR **2**. 10:00 AM - 12:00 PM (ET)

Bosak Funeral Home & Cremation
453 Shippan Avenue
Stamford, CT 06902

Funeral Service

MAY **30**. 2:00 PM - 4:00 PM (CT)

Gary United Methodist Church
308 Main Avenue
Gary, SD 57237

Tribute Wall

GA

“ G. Andrews lit a candle in memory of Lyndon Helmbolt



G. Andrews - May 21, 2024 at 09:38 PM

GA

“ We are so sorry to hear about the passing of Lyndon .

May he rest in peace.

Gwenn ,Anissa and Chloe

G. Andrews - May 21, 2024 at 09:31 PM

MD

“ Sharing 1968 Homecoming picture of me and Lyndon. We will all miss you, Lyndon and will forever treasure our memories of you and our growing up years in Gary SD.



Margo Denison - April 02, 2024 at 08:36 AM

EK

“ 1 file added to the album Sailboat Racing



Ed Kelly - March 30, 2024 at 12:19 PM

RR

I knew Lyndon for almost 36 years. He worked on building my home back then and we became friends. I moved into that home about 6 months before we had a CO and what I will never forget is having a cup of coffee with Lyndon every morning until construction was complete. In many ways, I did not want the construction to be finished as I enjoyed our conversations and interactions to such a great degree.

Lyndon and I stayed friendly over the succeeding years and would speak to each other whenever an opportunity arose. I started rehabilitating another house last October and am thankful that Lyndon agreed to supervise it, not because he was doing such a good job (which he was) but because it gave me the opportunity to interact with him on almost a daily basis. I cannot think of a more honorable, kinder or gentle man than Lyndon . We were good friends and my wife and I will miss him dearly All who knew him should consider themselves lucky.

Bob Rosen

Robert Rosen - March 31, 2024 at 05:10 AM

MM

I grew up with Lyndon, we explored the Gary Gulch many times, camped there, & Lyndon was an attendant in my & Barbs wedding, Will miss seeing him!! He is pain free now!! Rest in peace friend! Mike Miller

Mike Miller - May 17, 2024 at 02:21 PM

RH

“ *My hero, my brother, and my best friend though we haven't seen much of each other in the last 30 some years, I know you were always there for me if I needed you. We had our disagreements when we were younger as all brothers do, but I knew I could count on you to have my back. You may be gone but it's not goodbye, it's I will see you later. Rest easy your work here is done. Love you Brother!*

Roger Helmbolt - March 30, 2024 at 12:18 PM