



## Mary Howland

December 7, 1933 - May 21, 2024

Mary Howland - Born December 7, 1933 in Port Chester, NY to Roland Brown and Frieda Schmidt. Mary is survived by her daughter, Janice Ferguson, her son-in-law Michael, her two grandsons Ryan and Craig of Stamford, CT. She is also survived by her late husband's children, Jeffrey Howland and Donna Howland of Florida and their families, Gerald Howland of Greenwich, CT, and her niece and nephew, Patricia Brady from Port Chester, NY and Daniel Brady from Maine and their families. She was predeceased by her husband Harry Howland predeceased her and her sister, Elizabeth Brady and Elizabeth's son Michael Brady.

Mary was valedictorian of her high school class, graduated from Cornell University summa cum laude from their nursing program, and received her masters from Columbia University. She was a visiting nurse in Harlem, NY, and later was a nurse at Stamford Hospital She eventually became director of medical care systems/risk manager at Stamford Hospital. She was also president of the National Association of Quality Assurance Professionals. She was a Commander of the Power Squadron, and a member of the Halloween Yacht Club where she had her and Harry's boat, Vayu. She loved taking her dog, Teddy Bear, for walks around Cove Island and she took her grandkids to Cove Island often to watch the waterfall and collect seashells.

1950's NYC social life in her twenties was replaced by the demands and

struggles of family and career in her thirties. Long overnight shifts and limited sleep while caring for her young daughter were rewarded with career and recreational advancements. This was evidenced in long sailing excursions to Eastern New England and Long Island on her sailboat 'Vayu'. Most weekends would be spent on the water. As careers came to a close and sailboats drifted away, her time was devoted to her grandchildren Ryan and Craig caring for them after school and in Summers. She would enjoy walking with them at Cove Island. As a depression era child from a generation that dressed and acted classy, Mary's final days were spent watching and reading political commentary with a concern about the spreading liberal philosophies. A true patriot, she will never be forgotten.

Visitation will be on Tuesday, May 28th, at the Bosak Funeral Home, 453 Shippan Avenue, Stamford, CT from 9am – 11am, with a prayer service to follow at 11am. Her burial will be private.

To express condolences for the family online, please visit the family guestbook at [www.bosakfuneralhome.com](http://www.bosakfuneralhome.com) or [www.facebook.com/bosakfuneralhome](http://www.facebook.com/bosakfuneralhome).

# Previous Events

## Visitation

MAY 28. 9:00 AM - 11:00 AM (ET)

Bosak Funeral Home & Cremation  
453 Shippan Avenue  
Stamford, CT 06902

## Prayer Service

MAY 28. 11:00 AM (ET)

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