



Meghann Starson

May 12, 1983 - July 9, 2016

Meghann (Meg) Starson, 33, of Stamford, CT passed away peacefully on July 9, 2016 with her loving parents by her side. Born on May 12, 1983, Meg grew up in Stamford, attending Stamford High School before receiving her BS in Psychology from the University of Connecticut and her dual Master's Degrees in Psychology and Counseling from Southern Connecticut State University. Meg was passionate about the mental health and counseling field and was one class away from earning her license in Professional Counseling (LPC) prior to her fight with cancer. Meg worked for ten years at Stamford Hospital as a board certified Activity Therapist in the Behavioral Health Unit, caring for over 40,000 patients and creating and guiding group therapies. She won the Spirit of Planetree "program of the year" award for her unique approach to patient-centered care. Meg captained "Meg's Legs" in support of the Bennett Cancer Center for three years, and raised over \$40,000 in donations for the center in that time. One of Meg's greatest qualities was her compassion for others. Meg had a deep faith and was an active member of the Annunciation Greek Orthodox Church. She lived with a captivating passion for life, her smile was contagious and her personality lit up any room. She particularly enjoyed weekends in LBI with family, writing, cooking, and painting. Meg is survived by her parents, Joseph and Toni Starson of Stamford, CT; her grandmother, Sophia "Yiayia" Thagouras, beloved aunts and uncles, 23 cousins and her kitty, Leo. She was predeceased by her grandparents, Theresa and Joseph Starson, Phillip "Papou" Thagouras, William and Virginia McGlynn and her

aunt, Angelina "Agel" Raffone. "You can't do anything about the length of your life, but you can do something about its width and depth." For sure, Meg's life was far reaching and deep. Her inspiring presence will be deeply missed by all who had the privilege to have known her. Heaven has gained a beautiful Angel! Meg's family will be receiving the sympathy and condolences of friends and family on Wednesday, July 13, 2016 from 4pm to 8pm at Bosak Funeral Home, 453 Shippan Avenue, Stamford, CT 06902. A Trisagion Service will take place at 7pm with Fr. Evan Evangelidis officiating. A funeral service will be held on Thursday, July 14, 2016 at 11am at Annunciation Greek Orthodox Church, 1230 Newfield Avenue, Stamford, CT 06905. The interment will immediately follow the service at Queen of Peace Cemetery in Stamford. In lieu of flowers, donations are encouraged and may be made in Meg's memory to Annunciation Greek Orthodox Church, 1230 Newfield Avenue, Stamford, CT 06902 or www.annunciationofstamford.org, or to the Regional Hospice and Home Care Center for Comfort Care and Healing, 30 Milestone Road, Danbury, CT 06810 or www.regionalhospicect.org/about/donate. The family has entrusted the funeral arrangements to Bosak Funeral Home, 453 Shippan Avenue, in Stamford. If you care to leave an online condolence for the family you may visit the family guestbook at www.bosakfuneralhome.com or on Facebook at www.facebook.com/bosakfuneralhome.

Tribute Wall

CW

“ To the Starson family--I met Meg while doing a rotation at Stamford hospital during medical school. I remember after first talking to her that she was the kind of girl you instantly wanted to be your friend! She included me and always made me feel welcomed. I am so sorry I am just learning about her passing, I randomly today thought of her and tried to look her up. I am deeply saddened to hear that she is no longer with us. Sending you my prayers and thanks for raising such a wonderful woman!

Courtney W - December 04, 2016 at 12:00 AM

DR

“ Mr. and Mrs. Starson, Wanted to let you know that I still think of Meg often; she was special. You've also been in my thoughts and prayers. Take care!

Dr - August 10, 2016 at 12:00 AM

MF

“ To The Family:My heart goes out to you on the passing of Meghann. She had such a wonderful smile and heart to match. We are all grieving with you and miss her.

Mark Fazekas - August 06, 2016 at 12:00 AM

KO

“ Starson Family, We are sorry for your loss. Our thoughts are with you and your family.~ Konstantinis Family

Konstantinis - July 15, 2016 at 12:00 AM

TK

“ To The Family, Although I didn't know Meg, I knew many that did including my wife from her brief acquaintance with Meg at Stamford Hospital. This is a tragic loss and people are deeply rocked by Meg's passing. She touched so many lives. This says so much about the wonderful person she was. May you find comfort in knowing how loved she was and all who are grieving with you. May Meg's memory be eternal. God Bless ?

Toni Kokoros - July 14, 2016 at 12:00 AM

KE

“ To the entire Starson family, I'm truly sorry for the loss of Meg, Such a smart woman, full of energy and always smiled! With a personality to match. May she rest in peace

Keith - July 14, 2016 at 12:00 AM

RB

“ I knew Meg in college. What a wonderful sense of humor and smile. May she rest in peace.

Rob Bernard - July 13, 2016 at 12:00 AM

VO

“ May God bless you and your family in this time of sorrow.

Vicky Perillo O - July 13, 2016 at 12:00 AM

OE

“ Dear Toni and Joe, I will always remember Meg as a funny, loving, beautiful person who cared so much about other people because that's the kind of person she was. She meant so much to some many people and we are all blessed to have known her. My thoughts and prayers are with you and your family.

Oleg Epshteyn - July 13, 2016 at 12:00 AM

KJ

“ Toni and Joe, Meg was one of a kind, caring, bright, beautiful and incredibly brave. It's so difficult when spectacular people leave us too soon. She was an inspiration for so many. My thoughts are with you both in the face of this heartbreaking loss.

Karen Juvonen - July 13, 2016 at 12:00 AM

JS

“ To the family and friends of Meg, I was so sorry to hear of your loss. I never had the opportunity to meet Meg in person but feel like I have known her through all the stories I have heard. She was obviously a beautiful person inside and out which is why she was loved by so many. I cannot begin to comprehend what you are going through right now but wish you strength during this difficult time. You are all in my thoughts and prayers. Our loss is heaven's gain. My deepest sympathies, John

John Stergiou - July 13, 2016 at 12:00 AM



“ Dear Toni and Joe - Silipiteria. Aiwnia tis i mnhmh. Please accept our most heartfelt sympathies for your loss our thoughts are with you and your family during this difficult time. May her memory be eternal. Zoe Loter and Carol Hoegemann

July 13, 2016 at 12:00 AM

JC

“ Meg always made even the most painful cross-fit work outs fun. She was all smiles and a genuine person.

Jonathan Cohen - July 13, 2016 at 12:00 AM

JB

“ Dear Toni & Joe, I send my sympathies on the loss of your beautiful daughter and my heart goes out to you at this difficult time. You will remain in my thoughts & prayers. With love, Joann (Cathy & Ricky Hughes' friend)

Joann Benvenuto - July 13, 2016 at 12:00 AM

PK

“ Joe & Toni We are deeply sorry for your loss. Our condolences to You and your Family. You are in our thoughts & prayers Charlie & Patti Krom and Family

Patti Krom - July 13, 2016 at 12:00 AM

SC

“ Joe and Toni, I am so very sorry for your loss. You are in my thoughts and prayers.

sue croker - July 13, 2016 at 12:00 AM



“ I am so sorry for you loss, In the very little time i have known Meghann, she has touched our lives, she was such a fighter and such a strong person, We at so proud of her achievements here at Stamford Hospital. May you find comfort, strength and courage in this hard time. Will keep all of you in my prayers.

July 13, 2016 at 12:00 AM

DC

“ I am so sorry for your loss. Meg was a great friend and co worker. Her spirit and determination has made a lasting impact on me. I will keep Meg and your family in my thoughts and prayers

Doreen Chimblo - July 13, 2016 at 12:00 AM

LT

“ Joe and Toni So sorry for your loss.. She was a wonderful girl and you should be very proud of her and all she did in her short time here on earth .. May she rest in peace Prayers for her and both of you

Linda Turturino - July 12, 2016 at 12:00 AM

LA

“ Take comfort in knowing that now you have a special guardian angel to watch over you.

Laurie - July 12, 2016 at 12:00 AM

TS

“ We are deeply sorry for your loss and cannot even imagine your heartbreak and void. Know that Meg, your sweet angel, is in heaven beside God smiling down upon you with love and sincere thanks for all that you unselfishly gave her all these years! May her memory be eternal!May God grant you every comfort, strength, courage, patience and time to heal during this hardship! You Are In Our Prayers!

Tasia Patrianakos Maria Stathopoulos - July 12, 2016 at 12:00 AM

JR

“ Joe.. so sorry for your loss.

Joe Romanello - July 12, 2016 at 12:00 AM

OB

“ She will be missed but she will live in our hearts forever

Odessa Blackwell - July 12, 2016 at 12:00 AM

AR

“ With Meg's departure, the earth is a little darker but heaven is so much brighter...Joe and Toni, our thoughts and prayers are with you.

Arlene - July 12, 2016 at 12:00 AM

SB

“ Mr. & Mrs. Starson, I only knew Meghan from Stamford Hospital, but will miss her greatly.She had a deep and beautiful spirit. So very sorry for the loss of your wonderful daughter.

Sherry Bouchard - July 12, 2016 at 12:00 AM

CG

“ Toni and Joe,I'm so sorry to hear about the loss of your beautiful daughter. My deepest condolences to your entire family.

Carolyn Guarino - July 12, 2016 at 12:00 AM

JO

“ Joe and Toni,Our thoughts and prayers to you and your family.Meg was a beautiful daughter to you and a wonderful friend to our daughter, Kim Ord Pepice.Rest In Peace, Meg.

Jim and Sue Ord - July 12, 2016 at 12:00 AM

DB

“ Joe & Toni, our community shares in your grief. We all lost a shining star this week.

David Bolotin - July 12, 2016 at 12:00 AM

MV

“ Joe & Toni, I'm so sorry to hear of Meghan's passing. God bless her and all of you during this difficult time. In sympathy, Mike Vacca

Mike Vacca - July 12, 2016 at 12:00 AM

GP

“ Joe and Toni, Our deepest sympathies, sorry for your loss. Gary and Monique Perna

Gary Perna - July 12, 2016 at 12:00 AM

JO

“ Joe & Toni, So sorry to hear about your loss. John & Debbie Mcknight

John - July 12, 2016 at 12:00 AM



“ Joe and Toni, I am so sorry for the loss of your beautiful daughter. My deepest condolences to your entire family. Sandra Spadaccini

July 12, 2016 at 12:00 AM



“ Dear Meg, "our minds still talk to you, our hearts still look for you, our souls know you're at peace". God bless this beautiful child! Aunt Colleen and Uncle Pete

July 12, 2016 at 12:00 AM



“ joe so sorry to hear about your loss, in time and the memories will help the feeling of your loss. Brian Palmer

July 12, 2016 at 12:00 AM



“ Joe & Toni we are very sorry for your loss.Eternal be her memory
Stephen & Jamie Verses

July 12, 2016 at 12:00 AM



“ Joseph,I am so truly sorry for you loss. Her picture and everything written here about her shows that she must have been a wonderful daughter. May it bring you all comfort to know that she will be taken under the wings of her fellow angels,including Angel Perillo Raffone who also left this earth too soon,and she will be loved,will know no pain & suffering,she is safe. Deepest sympathy to you,her family & all those who loved her.Most sincerely,Judy (Perillo] Urwin

Judy Urwin - July 12, 2016 at 12:00 AM



“ Toni, Joe and family, I am so sorry to hear of you loss. We will be thinking of you in this difficult time.

Christine Horelick - July 11, 2016 at 12:00 AM



“ Rest in Peace Meg.

Richard Jaccheo - July 11, 2016 at 12:00 AM

ML

“ With deepest sympathy & blessing to the entire Starson family. We love Megan like she was one of the family. And we will never forget her compassion to help & care for others. Always putting other peoples feelings in front of hers. We are very proud to have the pleasure of watching Megan grow up from her teen age years up to a young strong, and beautiful woman. We will never forget you. Love always Mark, Liz, Anthony, JC & Samantha Ligi

Mark Ligi - July 11, 2016 at 12:00 AM

DS

“ You will be missed but never forgotten. RIP Meg.

Demmie Shatara - July 11, 2016 at 12:00 AM

CH

“ Joe and Toni, My deepest condolences go out to you and your family during this time. May you find a sense of peace and comfort in the memories you hold of Meg close to your heart! Meg, may you continue to be a Rockstar!! Much Love, Twinsie

Christina - July 11, 2016 at 12:00 AM