



## Michael Day Pitts

November 2, 1953 - May 15, 2025

Michael Day Pitts, born on November 2, 1953, in Philadelphia, Pennsylvania, passed away on May 15, 2025, in Stamford, Connecticut. Michael's passing has left an enormous hole in the hearts of those who loved him, but his legacy of light and love will carry on in the many lives he touched.

Michael was a beloved spouse to Patricia (Figueroa) Pitts and a devoted parent to their son, Brandon Day Pitts. He is survived by his sister, Robin (Jim) Miles and brother, Stephen (Susan) Pitts along with niece and nephews Samatha, Alan, and Christopher. Michael held a special place in the heart of his niece, Angela (Damian) Winchel, along with her children Sophia Mae, Piper Grace, and Bellamy Rose and nephew, Dominic Edwards. He is survived by Stepmother, Doris Pitts and stepsister, Sandy (Ira) King.

Michael loved art in all forms. He played and danced on several Broadway plays, as well as directed some theater shows in New Canaan, CT. He shared this love by teaching many theatrical classes around the world and pursuing a career as a yoga teacher later in life. Yoga helped him focus on finding balance in one's life spiritually and physically. Michael helped many find peace within themselves and prosper through their everyday life through yoga.

Michael's perseverance and mental toughness are what gave him strength and power to battle cancer for many years. Michael was preceded in death by

his father, Robert Day Pitts, and mother, Carol Elizabeth Pitts.

In honor of Michael's memory and to assist with funeral expenses, the family kindly requests donations in lieu of flowers.

May Michael's memory bring comfort to those who knew him and continue to inspire love and kindness in the world.

Visitation will be held on Tuesday, May 20th from 6:00 PM to 7:00 PM with Funeral services to follow at 7:00 PM at The Church of Jesus Christ Latter-day Saints, 834 Stillwater Road, in Stamford, CT.

A Graveside service will be at 10:30 AM on Wednesday, May 21st at Queen of Peace Cemetery, Rock Rimmon Road, in Stamford, CT.

If you wish to make an online remembrance for the family, you may sign the family guestbook at [www.bosakfuneralhome.com](http://www.bosakfuneralhome.com) or [www.facebook.com/bosakfuneralhome](http://www.facebook.com/bosakfuneralhome).

# Previous Events

## Visitation

MAY 20. 6:00 PM - 7:00 PM (ET)

Church of Jesus Christ Latter-day Saints  
834 Stillwater Road  
Stamford, CT 06902

## Funeral Service

MAY 20. 7:00 PM (ET)

Church of Jesus Christ Latter-day Saints  
834 Stillwater Road  
Stamford, CT 06902

## Graveside Service

MAY 21. 10:30 AM (ET)

Queen of Peace Cemetery  
124 Rockrimmon Road  
Stamford, CT 06903

# Tribute Wall

LL

“ Michael was a beloved and inspiring yoga teacher at the Tully Health Center. His classes was always filled. His instructions considered the age of most of those in the class but also encouraged us to push ourselves a little harder. He hardly ever missed a class in all the years I was with him and kept at it until a short time before his death. I will always remember his humor and wisdom as I continue to practice yoga. If I had known before today of his death I would have attended his funeral to honor his life and let his family know how much he was loved by so many.  
Linda Leavitt

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Linda Leavitt - May 30, 2025 at 04:57 PM

JF

“ Michael was my weekly yoga instructor for about 15 years  
He was calming, wonderful, charismatic, and everything that the best yoga teacher should be  
Thinking of you all at this time  
Blessings  
Joe Feuerstein MD

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Joe Feuerstein - May 22, 2025 at 09:03 AM